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Exclusive Body Massages

Relax your mind and soothe your body

**Back, Neck and Shoulder Muscle Ease Massage**
This back, neck, and shoulder massage is targeted to improve muscular tension and tightness. At the end of the treatment, an aromatic muscle rub is applied on localized areas for further benefits.
€ 30.00  30 mins

**Nataraya’s Soothing Scalp, Head and Neck Massage**
This treat will hydrate the scalp and improves overall upper body flexibility after alleviating head, neck and arm muscular stiffness, leaving you totally relaxed and uplifted.
€ 30.00  30 mins

**Traditional Swedish Massage**
The Swedish massage technique is aimed at relaxing the entire body, accomplished through the rubbing of muscles with long gliding strokes. This massage is exceptionally beneficial to those aiming to increase the level of oxygen in the blood, decreasing muscle toxins, improving circulation and flexibility, while easing tension.
**Express Full Body Massage**  € 30.00  30 mins
**Full Body Massage**  € 45.00  45 mins  € 50.00  60 mins
Peppermint Foot Rub
Enjoy both a foot cleanse and massage, all at one go! Start off with a peppermint and almond exfoliation that hydrates and deeply cleanses the feet. The session follows with a reflex point foot massage and a leg draining massage.
€ 32.00  30 mins

Customized Aromatherapy Massage
Following an in-depth consultation session with our qualified therapist, the aroma blends that suit you most will be identified! Whether you love deep relaxation, to balance yourself or simply detox and drain, you may rest assured that we have the perfect blend for you!
€ 35.00  30 mins | € 47.00  45 mins | € 55.00  60 mins

Deep Tissue Massage
This deep tissue massage involves applying firm pressure and slow strokes that reach deeper layers of muscle and fascia, aiming to release chronic tension in your body.
€ 35.00  25 mins | € 65.00  55 mins

Organic Aromatic Candle Massage
Feel the warmth, smell the pure natural essential oils, lead yourself in a heavenly space where all your thoughts are washed away! As the candle slowly burns, 100% warm organic plant wax and pure essential oils are gently poured onto your body, followed by slow massage movements.
€ 35.00  30 mins | € 49.00  45 mins | € 64.00  60 mins

Warm Lava Stone Massage
The warm lava stone massage is one of the most popular spa treatments of all times. It mainly helps to ease tense muscles and damaged soft tissues throughout your body. This massage includes a combination of stationary use of heated stones, together with long stroke massage movements with the warm stones themselves.
Back, Neck and Shoulder  € 35.00  30 mins
Full Body  € 65.00  60 mins

Anti-Ageing Sea Elixir Massage
A signature, anti-ageing marine concentrate will smoothen and improve the elasticity of your skin, further to natural AHA sea acids, where together with a firming and anti-cellulite massage, this will be the perfect combination, for your youthful, plumped appearance!
€ 58.00  60 mins

Nataraya’s Exclusive Full Body Massage
For an unforgettable holistic experience, aim for this exclusive full body massage! A facial and neck massage, performed with natural gemstones, followed by a Cleopatra scalp treatment, an energizing foot massage and finished off by a tranquil and relieving massage on the rest of your body.
€ 72.00  65 mins

Coconut and Tiare Flower Luxurious Massage
Start off this luxurious treat with a pure coconut pulp foot scrub, where your body will be covered in heavenly coconut wax, while enjoying a deep relaxing full body massage, leading to ultimate wellbeing enhancement. A rich Tiare flower moisturization is the finishing touch, aimed at deep hydration and nourishment of dry skin.
€ 70.00  65 mins

Anti-Stress Aroma Signature Massage For Two
An unforgettable spa experience with your loved one! The combination of a classical full body massage, including head and foot massage, infused with light citrus aroma, French lavender and Ylang Ylang that collectively calm the mind, helping to restore both balance and harmony.
€ 120.00 per couple  60 mins
Exclusive Thalasso Body Treatments

Seawater, authentic seaweed, sea plants, minerals and marine trace elements are the key ingredients of our signature Exclusive Thalasso Body Treatments

Heavy Legs SOS
*Refresh and Instant Relief*
A combination of a scrub, a draining massage and a gel-mask will boost one’s micro-circulation and help combat heavy legs. It decongests and provides instant relief, allowing one’s legs to recover their shape, lightweight feel and vitality, leading to an immersed feeling of long-lasting freshness.

€ 35.00  45 mins

Marine Mud Back Treatment
*Beneficial and Recharging*
Following a purifying scrub, a marine mud back wrap is applied. While your body will be receiving all its benefits, enjoy a soothing head massage to help release all neck and head tension. The final step in this treatment will be an express back, neck and shoulder massage for a delightful moment of relaxation.

€ 49.00  60 mins

Wellbeing Anti-Ageing Ritual
*Revitalize and Regenerate*
An exclusive treatment that combines innovative techniques and divine textures for a wellness, incomparable firmness and hydrating outcome. This journey includes a marine salts and algae full body exfoliation, anti-ageing sea elixir massage and a rejuvenating body serum application.

€ 60.00  75 mins
Thalasso Figure Contour

An abundance of natural carefully selected rich seaweed to stimulate the slimming process and to help you shape and balance

**Shape Up Express Treatment**
*A Quick Tone-Up*

This innovative treatment offers an immediate sculpting effect through a specialized restructuring massage with authentic sculpting pearls which roll and melt over the skin to deliver their precious content of Caffeine, Menthol and Algolism to detoxify and help you shape up.

€ 35.00  40 mins

**Three-In-One Marine Slimming Treatment**
*Sculpt, Detoxify and Firm*

Your body is generously exfoliated, followed by a wrap, targeted to sculpt, detoxify and firm loose skin. The abundance of minerals, stimulate the slimming process which will visibly redefine your contours right from this very first treatment.

€ 55.00  60 mins
Asian Wellness

Ancient Japanese Wellness

Hands-On Reiki Therapy
Reiki flows to the areas of need, soothing aches and discomfort and supporting the body’s natural ability to heal itself. Reiki natural healing comes in extremely handy to boost your energy, when you feel drained, helping you regain your calm, when you are anxious.

€ 55.00 ☄ 60 mins

Booking is confirmed subject to the availability of the specialist therapist.
Natural Organic Herbal & Sea Salt Baths

Soak your Stress Away

Energizing Citrus Hydrotherapy Bath
€ 30.00  30 mins

Detoxifying Green Tea Hydrotherapy Bath
€ 30.00  30 mins

Ancient Milk and Honey Hydrotherapy Bath
€ 35.00  40 mins

Nataraya Hydrotherapy Bath
€ 15.00  45 mins
Ayurvedic Exclusive Therapy
The world’s oldest rituals and most complete system of natural therapies
Medicated Oil Ayurvedic Head Massage
A truly unique experience! Ayurveda oils penetrate in the scalp smoothly and transport the healing properties of nature, directly into the body cells, which stimulate hair growth, ease tension headaches while abating sinuses.
€ 45.00 | 30 mins

Warm Herbal Oil Ayurvedic Back Massage
During the Ayurvedic back massage, a special technique is performed to relax the back muscles with warm, medicated herbal oil. Our therapist will add pressure on various points of the back and spinal cord, helping one relax while stimulating the nervous system.
€ 45.00 | 30 mins

Kati Vasti
A Dough will be built and placed on various body parts, according to one’s needs, and medicated herbal oils will be poured within for soothing and healing purposes. This treatment relieves muscle tension, pain and fatigue, while nourishing the nervous system, memory and reduces physical and mental stress.
€ 70.00 | 60 mins
3 Therapeutic Sessions | 60 mins each | € 150.00 per person
Booking in advance mandatory.

Belan Malish
A natural wood rolling-pin replaces the therapist’s hands. Using a muscle kneading technique with an Ayurvedic muscle-ease massage oil, the Belan Malish is specifically recommended for anyone longing for a deep, firming massage.
€ 75.00 | 60 mins

Abhyangam
This technique revolves around the use of a deeply relaxing warm oil. Ayurvedic full body massage targeting nourishment to the tissues, cells and energy channels. Furthermore, it transcends a deep relaxation onto muscles and restores calmness to the mind and the nervous system. Special handcrafted organic oils from India are used to maximize the healing process according to the person’s exigencies.
€ 75.00 | 60 mins
€ 90.00 | 75 mins

Shirodhara
Shirodhara (head stream) is a classic Ayurvedic therapy, which originates from the pouring of warm herbal oil on the forehead in a continuous stream. The Ayurvedic Shirodhara ritual is effective in promoting sound sleep while reducing stress. This exclusive treatment further includes a relaxing warm oil full body massage.
€ 130.00 | 85 mins
Body Exfoliation and Wraps
Natural Detoxification leading to the Healthiest, Smoothest Skin Possible

Body Scrubs

**Marine Breeze Body Scrub**
*Remineralize and Regenerate*
Pure non-bleached and unrefined sea salt scrub, enhanced with pure essential oils; a treatment aimed at exfoliating away pollutants and impurities, to remineralize the entire body.
€ 30.00  40 mins

**Artisan Local Prickly Pear Body Scrub**
*Refresh and Enliven both Your Mood and Your Skin*
A prickly pear extract, apricot kernel oil and vitamin E sugar scrub will turn into a luxurious but gentle body polish, leaving your skin beautifully conditioned and satin-soft.
€ 35.00  40 mins

**100% Natural and Organic Luxurious Arabica Coffee Scrub**
*Energize while turning Cellulite into an Enemy*
This signature Arabica coffee scrub is loaded with antioxidants, aiding the appearance of mature skin and your fight against cellulite. This scrub will improve your circulation, removing residual dirt, giving you a fresher, younger and more moisturized appearance.
€ 35.00  40 mins
Body Wraps

Herbal Hammam Body Wrap
*Youthful Appearance and Stimulating Effect*
Improves the texture and appearance of the skin by helping to rid the body of excess fluids. With the richest natural anti-inflammatory compounds, this body wrap is ideal to boost the immune system and improve blood circulation, leading to a youthful appearance.

**€ 49.00  60 mins**

Green Tea Extract Detox Body Wrap
*Antioxidant and Lymphatic Booster*
Loaded with antioxidants and nutrients, this is a great treat for your body, most particularly your lymphatic system. It does not only cleanse the skin’s surface, but also deep underneath, removes all the dead cells, cleaning the pores from impurities; very much ideal to balance combination skin.

**€ 49.00  60 mins**

Organic Raw Cocoa Body Wrap
*Energize and Tone*
Truly a raw cocoa, delightful experience for your body and mind! The scent of chocolate releases endorphins that make you feel happy, with your body enjoying a leaner look. Polyphenols in cocoa delay the ageing process, leading to your younger look, with the skin taking on a smooth glow as it gets moisturized and hydrated during the process.

**€ 49.00  60 mins**

Further to seasonality, the above listed body scrubs and wraps may not always be available, however, when this will be the case, our therapists will present you with enticing alternatives.
Nataraya’s Aromatic Skin Therapy

Enhance your sense of smell and honour your skin with natural based products formulated with pure essential oils, sourced from prime locations around the world, by the one and only EVE TAYLOR! Eve Taylor embraces over 50-years of experience, standing proud and never letting go of its three main principles when coming up with its beauty products; natural and prime quality, Paraben and harmful chemicals free, with products that are never tested on animals.

Express Customized Facial
Recommended to All
This is a short beauty break, yet, a complete tailor-made treatment nonetheless, that will enhance your daily cleanse routine.
€ 30.00  30 mins

Harmonizing Balancing Facial
Combination and Even Tone
A facial that leaves a balancing effect on mixed skin with variable areas, thanks to readily absorbed moisture effects that hydrate the drier areas without leaving an oily feel to the entire face. This proper oxygenation is in fact encouraged through essential oils such as those derived from geranium and basil.
€ 40.00  45 mins
Deep Cleansing Aromatic Facial
*Oily and Breakout Prone*
Natural antiseptic Sandalwood and Ylang Ylang extracts, vitamins and anti-oxidants are the key ingredients in this treatment that help balance oily and clogged skin. This facial also naturally lifts impurities and fights bacteria that eventually cause breakouts.

€ 50.00  60 mins

Aroma Soothing Facial
*Delicate and Moisture Regime*
An aromatic facial treatment that balances, calms and oxygenates the skin, where thanks to a blend of potent natural essential oils, nourishing plants, green tea and aloe extracts, this treatment contributes to cool, soothe and reduce redness in the skin.
• Includes a Relaxing Scalp Massage.
€ 57.00  60 mins

Intensive Age Resist Facial
*Early Signs of Ageing and Dehydration*
A facial that plumps and hydrates the skin, smoothing fine lines, with the intent of softening the early signs of wrinkles by preventing trans-epidermal water loss, more commonly known as dehydration. Nourishing plant oils used, will help promote cellular stimulation which prevents ageing.
• Includes a Hydrating Hand & Arm Massage.
€ 58.00  60 mins

Renew and Lift Aroma Facial
*Firm and Tone*
An exceptional antioxidant facial treatment that combats free radicals, protects collagen and elastin fibres from degradation. This facial is ideal to stimulate collagen aimed at minimizing lines and wrinkles, giving that firming and tightening sensation.
• Includes a Hydrating Hand & Arm Massage.
€ 58.00  60 mins

Time Line Recovery Facial
*Softens Lines and Wrinkles*
This advanced formula treatment enhances the skin’s natural protection and repair factors, promoting better cell function, improving also the quality of skin tissue. This facial helps also to prevent biological ageing cells, extending the skin’s youth span, thanks to reduced signs of ageing, not just wrinkles.
• Includes a Scalp & Anti-Ageing Hand Massage.
€ 60.00  65 mins
Cutting-Edge Face Treatments From The Sea

The high concentration of mineral salts, trace elements, vitamins and amino acids found in seaweed, imbue products with the power to create beauty and well-being. THALION, beauty from the heart of seaweed!

**The Firming Eye Recuse Treatment**

*Age Delay*

This professional, strength treatment infuses the delicate eye area with exclusive, proprietary surface-filling and firming technologies that instantly lift, firm and visibly reduce the appearance of lines and wrinkles.

€ 25.00 ☺ 30 mins

**Perfect Tone and Contour**

*Oxygenating and Rejuvenating*

Highly concentrated in minerals, trace elements and vitamins, this care, boosts the defence mechanisms of all stressed and suffocated skins, protecting them against external aggressions.

- Includes an Arm Toning Massage.

€ 58.00 ☺ 60 mins

**Face Lift Recovery Facial**

*Plump and Firm*

Ideal for all skins in search of firmness and in need of a lift, this comprehensive treatment helps recover skin elasticity. In the heart of this treatment, one finds a unique combination of active ingredients where the face is left plumped and reshaped.

- Includes an Anti-Wrinkle & Firming Signature Manual Face Lift Massage.

€ 60.00 ☺ 60 mins

**Luxurious Intensive Anti-Ageing Facial**

*Best of Both Worlds; Anti-Wrinkle and Lifting*

An all-new, signature intensive anti-ageing face treatment that combats wrinkles and sagging skin. Its filling and smoothing action visibly reduces the signs of ageing, thanks to the use of customized restructuring ‘Face Gym Lifting Massage’, where wrinkles are left plumped and the face toned, with the face recovering its original youth texture and look.

- Includes a Signature Back and Neck Massage which renders this experience even more unique.

€ 70.00 ☺ 90 mins
Mama-To-Be Luxurious Spa Treatments
Skin Nourishment and Deep Relaxation

Japanese Camellia Back, Neck, Face and Head Pregnancy Massage
A sensitive and relaxing massage, especially designed to meet the needs of a pregnant mama. This treatment is ideal for those aiming to lower anxiety and improving sleep.
€ 47.00  45 mins

Elemis Peaceful Pregnancy Massage
A sensitive and relaxing full body and scalp massage that hydrates and moisturizes the skin that is expanding to accommodate a growing baby. This treatment includes a signature maternity head to toe full body massage, including a foot refreshing treatment, together with a facial and scalp hydrating treat.
€ 65.00  75 mins

Skinfood Organic Facial
Hyper Sensitive and Dehydrating
A deep, most delicate and hydrating oatmeal, Camellia oil and aloe vera facial treatment that gently cleanses, while nourishing and calming the skin. This facial is ideal for those with ultra-dry, hyper sensitive, dehydrated or irritated skin including eczema and psoriasis.
- Includes a Soothing Hand & Arm Massage.
€ 60.00  60 mins
Discover Nataraya’s Long Haul Journeys

The Hawaiian Grand Escape
*Hydrate and Indulge*
This ritual is a caress, offering total pleasure, guiding you towards a world free of stress and agitation. Relaxed, the body will savour a pure moment, in an atmosphere embellished by the scent of the Tiare flower and coconut. This journey begins with a coconut pulp full body scrub and wrap, followed by a relaxing full body massage.
*Signature Hawaiian Full Body Scrub and Full Body Wrap | Signature Relaxing Full Body Massage & Luxurious Moisturization.*
€ 85.00  🕒 120 mins

Exotic Sensations Getaway
*Tone and Radiate Positivity*
Thoughts of a humid, luxuriant atmosphere and wild vegetation will cross your mind. This mysterious ritual speaks of warmth and life; totally invigorating, it will energize your being, making you feel happy, in your own skin. This signature journey includes a full body, exotic fruit extracts toning exfoliation, self-heating seaweed and cocoa bean full body wrap and ultimately an energizing full body massage.
*Unique Exotic Full Body Scrub and Full Body Wrap | Signature Energizing Full Body Massage.*
€ 85.00  🕒 120 mins

A Journey To The East
*Detox and Revive*
With warm gestures, this ritual allows the body to rid itself of toxins enabling the skin to become more radiant. The body is restored to a feeling of well-being as in the Oriental tradition of purification. The journey will start off with an argan and peppermint detoxifying full body scrub, stimulating pepper and seaweed full body wrap, ending off with a remarkable full body massage.
*Awakening Oriental Full Body Scrub and Full Body Wrap | Signature Sculpting Full Body Massage.*
€ 85.00  🕒 120 mins
Men’s Spa Collection
Groom, Detox and Unwind

Express File and Buff
Hand and foot nail shaping, cuticle tidying up and conditioning.
€ 15.00  20 mins

Back Polish
A marine slats back exfoliation will welcome you, deeply cleansing and hydrating your back, getting you completely energized thanks to a back, neck and head massage that will follow.
€ 43.00  50 mins

Marine Detox Ritual For Men
This treatment will maximize the beneficial proprieties of seaweed and marine salts to promote natural detoxification. After a full body exfoliation, your body is wrapped in the finest algae mud wrap to stimulate body temperature and encourage the elimination of toxins.
€ 60.00  60 mins
Homme Skin Bar
Highest Quality Skin Care for Men

Homme Express Facial
Quick Cleanse
Nourishing, weekly routine, cleansing facial treatment.
€ 30.00 ☑ 30 mins

Homme Aromatic Deep Pore Cleansing Facial
For Oily and Combination Skin
A unique deep cleansing facial treatment with a blend of pure essential oils, aimed at reducing skin oil, while providing anti-septic properties for a clear and clean complexion.
• Includes a Pressure Point Scalp Massage.
€ 55.00 ☑ 60 mins

Customized Homme Age Defense Facial
Anti-Ageing and Firming
Whether you would like to firm and lift or plump, wrinkles and expression lines, our therapist will choose the most suitable regime for your skin needs, leaving your skin oxygenated and highly radiant.
• Includes a Deeply Nourishing Hands & Arms Massage.
€ 60.00 ☑ 60 mins

Nataraya’s Homme Facial Treatment
Hydrate and Relax Profoundly
This treatment includes a re-hydration facial treatment providing your skin instant comfort.
• Includes a Soothing Hot Stone Back, Neck & Head Massage.
€ 65.00 ☑ 65 mins

Body Waxing For Men

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<tr>
<th>Service</th>
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<tr>
<td>Eyebrow Shaping</td>
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<td>Under Arm Waxing</td>
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<td>Arm Waxing</td>
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<td>Back Waxing</td>
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<tr>
<td>Full Leg Waxing</td>
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Hands and Feet Nourishing Treatments

**Express Manicure**
Includes hand exfoliation, moisturization, nail filing and shaping together with a choice of cuticle work or nail polish application or gel polish removal.
€ 28.00  45 mins

**Express Pedicure**
Includes foot exfoliation, moisturization, nail filing and shaping, together with a choice of cuticle work or nail polish application or gel polish removal.
€ 30.00  45 mins

**Signature Spa Manicure**
An intensive, hydrating hand and nail treatment including a nourishing hand mask, followed by hand and arm massage and nail polish.
€ 40.00  75 mins

**Signature Spa Pedicure**
Indulge in treating your feet, including grooming of the nails and cuticles, foot buffing and specialized refreshing foot mask, followed by an energizing massage.
€ 42.00  75 mins

**Nails**
- Nail Polish Application                   € 10.00
- Gel Polish Application                   € 18.00
- Gel Polish Upgrade with any Manicure or Pedicure € 15.00
- Gel Polish Removal and Application Upgrade with any Manicure or Pedicure € 20.00
- Gel Polish Removal and Application       € 25.00

Body and Face Waxing

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<td>Eyebrow Shaping</td>
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<td>Upper Lip and Eyebrow Shaping</td>
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<tr>
<td>Under Arm Waxing</td>
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<td>Tummy Line Waxing</td>
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<td>Lower Back Waxing</td>
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<td>Bikini Line Waxing</td>
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<td>Half Leg Waxing</td>
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**Tints**

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<th>Tint Service</th>
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<tr>
<td>Eyebrow Tinting</td>
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Nataraya Discounted Packages
Helping You Relax at a Reasonable Price

Pick Your Favourite 3 Massages
- Traditional Full Body Massage
- Lava Stone Full Body Massage
- Aromatherapy Full Body Massage
- Manual Lymphatic Full Body Massage
- Signature Toning & Energizing Massage
€135.00 per person  180 mins

Pick Your Favourite 3 Signature Facial Treatments
- Deep Cleansing Aromatic Facial
- Aroma Soothing Facial
- Intensive Age Resist Facial
- Renew & Lift Aroma Facial
€140.00 per person  180 mins
Exclusive Spa Packages
For A Remarkable Spa Experience

Nataraya Couples Royal Retreat
Raw Unrefined Sea Salt Hydro Therapy Bath
Classical Express Facial For Him & Her
Soothing Scalp Massage
Nataraya Balancing Full Body Massage
€ 150.00 per couple  1 hr 55 mins

Couples In-Room Spa Treat
Cleopatra Scalp Nourishing Treatment & Head Massage
Soothing Facial Massage
Reviving Foot Massage
€ 100.00 per couple  40 mins

The Spa Coffee Break
Hydro Therapy Bath
Energizing Organic Coffee Scrub
Hydrating Full Body Moisturization
Back, Neck Head Massage
€ 60.00 per person  1 hr 40 mins

Personalized Perfection
Hydro Therapy Bath
Nataraya Tailor Made Facial
Customized Aromatherapy Full Body Massage
€ 91.00 per person  2 hrs 25 mins
Spa Holiday Retreats
The Absolute Mediterranean Body & Mind Wellness

**Detox, Shape Up & Energize Retreat**
Day 1: Hydro Therapy Bath
  - Marine Salts & Algae Full Body Exfoliation
  - Moisturization 75 mins
Day 2: Detoxifying & Firming Treatment Including
  - Full Body Wrap 60 mins
Day 3: Thalasso Pearls Toning & Sculpting Treatment 40 mins

€ 115.00 per person

**Wellness Retreat**
Day 1: Heavenly Sleep Herbal Bath
  - Relaxing Head, Neck & Shoulder Massage 60 mins
Day 2: Luxurious Full Body Exfoliation
  & Moisturization 40 mins
Day 3: Signature Aroma Shooting Facial,
  Including Arm & Hand Massage
  - Natural Gem Stone Foot Massage 85 mins
Day 4: Classical Nataraya
  - Full Body Massage 45 mins

€ 175.00 per person
Nataraya Spa Parties
Celebrate in Style & Relax

Children’s Spa Parties

Tiny Fingers - Tiny Toes
Jacuzzi Session
Hand & Foot Sugar Scrub
Multi Vitamin Nail Top Coat
€ 25.00 per child ☺ 50 mins
Valid for a minimum of 4 children

Star For A Day
Jacuzzi Session
Skin Food Mini Facial
€ 25.00 per child ☺ 50 mins
Valid for a minimum of 4 children
Valid for children up to 12 years of age

Tailor Made Packages can be designed on request

Adults Spa Parties

Spa Party Getaway
Celebrate & Unwind With Friends

Hydro Therapy Bath & Glass of Prosecco
Pick & Mix 2 Favorites
Express Classical Facial
Back, Neck & Head Massage
Foot & Leg Massage
Express Full Body Massage
Full Body Scrub
€ 64.00 per person ☺ 2 hrs
Valid for a minimum of 3 persons
Pamper
The Celebrity of the Day
Our Exclusive Spa Party for that Special Occasion

Taste Buds Therapy
Tea and coffee
Selection of Herbal Teas
Mineral water
Fresh Orange Juice
1 Glass of Prosecco

Wholemeal sandwiches with Parma ham, Parmesan cheese and rucola leaves
Mini trio sandwich with smoked salmon, dill and prawn
Open mini ciabatta with grilled goats’ cheese and sliced baby tomatoes

Chocolate and hazelnut twirls
Orange and pistachio cupcakes
White chocolate croissants

Spa Treatments
Hydrotherapy Bath
Back & Leg Energizer or Classical Express Facial
Foot or Head Pressure Point Relaxing Massage

Day Pass for the use of Spa Facilities

€ 80.00 per person  2 hrs 30 mins
Valid for a minimum of 4 persons

One free person with a minimum of four paying adults
Your Nataraya Day Spa and Wellness Journey

Gift Vouchers
An excellent idea to give to your loved ones! Gift Vouchers are available for any treatment or packages being offered at the Spa. Gift Vouchers are non-refundable and must be presented at the time of booking.

Booking Information
For any Spa related information, guidance or securing your spot at the Spa, please call us directly on (+356) 2280 1922 or if staying with us at the hotel, contact us through extension 1922. Alternatively, you can visit the Spa Consultation Desk located at Level -3, where you will be guided through our selection of treatments.

Medical Conditions
If you have undergone any surgery within the past 6-months, suffer from any medical condition, allergies, recently got tattooed, are pregnant or recently gave birth, please advise us at the time of booking.

Sauna
This is free of charge to our guests. Please bring along your swimwear for your sauna session.

Payment
All services booked must be prepaid or guaranteed through your room account, at the time of booking, either directly at the Spa Consultation Desk or at the Hotel’s Front Desk.

Cancellation Policy
We require a 24-hour notice to cancel your reservation without charge. You will be reimbursed 50% of the charge paid, if you cancel within 24-hours of your scheduled time, whereas you will receive no reimbursement at all, if you fail to show up.

Arrival
Spa guests are advised to arrive 15-minutes prior to their appointment, allowing ample time for the completion of a detailed spa consultation form, ensuring that the treatments booked, are the most ideal for you. For your safety and comfort, we suggest that you do not bring along with you to the Spa, jewelry and valuables.

Discretion
To maintain a peaceful atmosphere, we kindly ask you to turn off your cell phone and any other electronic devices, keeping also conversations at a whisper, while at the Spa. Out of respect to other Spa guests, young children are not allowed to accompany their family members at the Spa, while adequate attire is required at all times.

Gratuities
Gratuities are not added automatically to the Spa service booked, however, these remain very highly appreciated.